

2011 Pediatric Preventive Health Guidelines

Guideline	0-24 Months	2-5 Years	6-10 Years	11-21 Years
Physical Exam (Well Visit)* **	At 2-4 days, 1 month, 2 months, 4 months, 6 months, 9 months, 12 months, 15 months, 18 months	Every year	At 6, 8, and 10 years of age	Every year
Periodic Health History*				
Growth & Development Assessment				
Nutritional/Physical Activity Assessment				
Height/Length, Weight, BMI (%)				
Anticipatory Guidance				
Staying Health Assessment Tool (SHAT)*				
Initial Health Assessment (IHA)*	Within 120 days of enrollment with CHG or documented within the past 12 months prior to enrollment with CHG			
Head Circumference	For infants up to 24 months	N/A	N/A	N/A
Blood Pressure	N/A	At 3 years and older, document blood pressure at every well visit		
Dental Referral	Inspection of mouth, teeth, and gums performed at every well visit & refer for dental visits annually beginning at age 3 years			
Hearing Screening	Clinical screening up to age 2	At 3 years and older, document results of audiometric tests at every well visit		
Vision Screening	Clinical screening up to age 2	At 3 years and older, document results of visual acuity screening tests at every well visit		
Pelvic Exam and Pap Smear	Perform baseline pap approximately 3 years after 1st intercourse or by age 21, whichever comes first. Between 13-15 yrs, a 1st visit to practitioner should include health guidance, STD screening, & preventive health (pelvic exam not required).			
STD Screening	All sexually active patients			
Hgb or Hct	Once between 9-12 months. Between 15 months and 5 years at each well exam for at-risk members		N/A	Once between 11-21 years (preferred age of 13 years)
UA or Dipstick	N/A	At 4-5 years	N/A	At each well visit between 11-21 yrs (18 yrs preferred) & dipstick analysis for leukocytes annually for all sexually active adolescents
Lead Levels	At 12 and 24 months and between 24 and 72 months if 24-month test was missed			N/A
Tuberculosis Screening	At each health assessment visit			
Mantoux Test	N/A	Once at 4-5 years, once between 11-16 years, & per practitioner discretion if at risk		
Fasting Blood Glucose and Cholesterol Screening	N/A	Ages 5-20 years 11 months. Screen for both if BMI \geq 85% with 2 risk factors as documented CHDP Bulletin 2005-25, 11/9/05. Screen for cholesterol if at risk.		
Hepatitis B** (Schedule does not include Comvax vaccines)	At birth-2 months, at 1-4 months, & 6-18 months	N/A	N/A	Catch-up between 24 months and 18 years
Rotavirus (Minimum age: 6 weeks for 2 dose or 3 dose series)	2 months & 4 months (or 3 dose series), 4 months & 6 months. 1st dose at 6 - 14 weeks, (start the series prior to 15 weeks for the 2 dose series or 12 weeks for the 3 dose series.) or (start the series prior to 15 weeks.) Do not give a dose later than 32 weeks.	N/A	N/A	N/A
DTaP** (Minimum age: 6 weeks)	At 2 months, 4 months, 6 months, & 15-18 months	Between 4-6 years		N/A
Tdap	N/A	N/A	Administer booster between 7-9 years of age if not up to date then every 10 years per protocol .	
Hib** (Schedule does not include Comvax vaccines)	At 2 months, 4 months, 6 months, & 12-15 months	Catch-up between 18 months and 5 years	N/A	N/A
IPV**	At 2 months, 4 months, & 6-18 months	Between 4-6 years	Between 7 - 18 if high-risk and never vaccinated	
MMR**	At 12-15 months	Between 4-6 years	Offered to all at age 7 - 18, if not already immune	
Varicella**	At 12-15 months	Between 4-6 years	Offered to all at age 7 - 18, if not already immune	
Hepatitis A**	Between 12-23 months (two doses at least 6 months apart)	Catch-up between 2 and 6 years, for high-risk between 7 and 18 years		
Pneumococcal Conjugate** (PCV)	At 2 months, 4 months, 6 months, & 12-15 months			
Influenza Immunization	Annually all children aged 6 months through 18 years.			
Meningococcal (MCV4)	N/A	N/A		11-12 or at 13-18 if not previously vaccinated
Human Papillomavirus	N/A	N/A	3 doses (at least 2 months apart) at age 11-12, or at 13 -18 if not previously vaccinated	