

***Suspect and Screen for Major Depression:**

A. Presentations (in addition to obvious sadness)
 - multiple somatic complaints and visits (i.e. >5 visits; more than 1 organ system with the absence of physical findings); weight gain/loss, mild dementia
 - fatigue / sleep disturbances
 - changes in work and / or interpersonal relationships

B. Risk Factors
 - history of major depression and / or substance abuse
 - dysthymia

Use measureable tool at screening for baseline intensity and at follow-up for adequate response

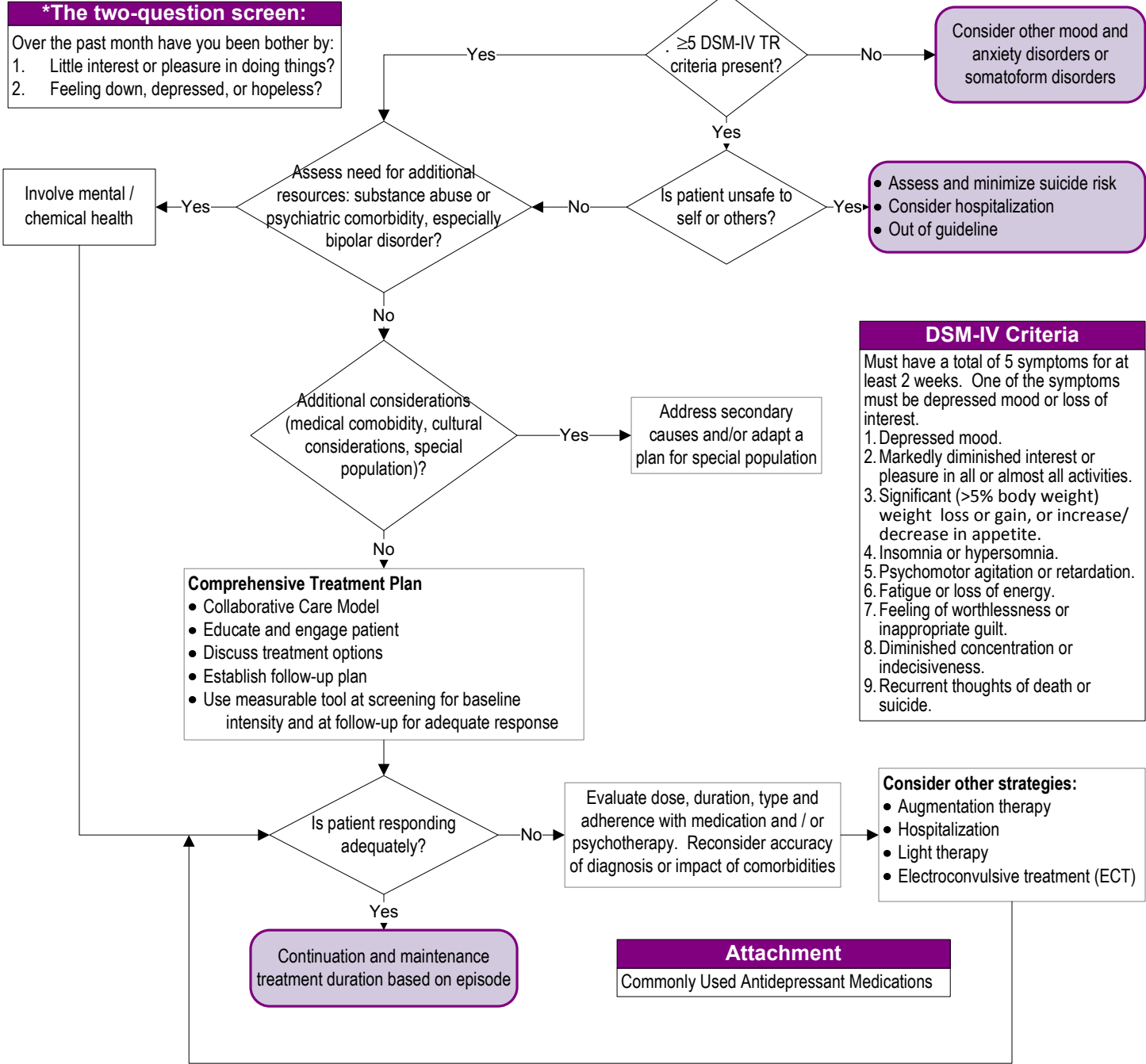
Diagnose and characterize major depression with clinical interview to include:

- DSM-IV TR criteria
- History of present illness. (Onset and severity of symptoms, functional impairment, past episodes and psychosocial stressors)
- Pertinent medical history, especially illness that can cause depression
- Assess for current substance abuse, withdrawal or medications that can cause depression

***The two-question screen:**

Over the past month have you been bothered by:

1. Little interest or pleasure in doing things?
2. Feeling down, depressed, or hopeless?



DSM-IV Criteria

Must have a total of 5 symptoms for at least 2 weeks. One of the symptoms must be depressed mood or loss of interest.

1. Depressed mood.
2. Markedly diminished interest or pleasure in all or almost all activities.
3. Significant (>5% body weight) weight loss or gain, or increase/decrease in appetite.
4. Insomnia or hypersomnia.
5. Psychomotor agitation or retardation.
6. Fatigue or loss of energy.
7. Feeling of worthlessness or inappropriate guilt.
8. Diminished concentration or indecisiveness.
9. Recurrent thoughts of death or suicide.

Attachment
 Commonly Used Antidepressant Medications